

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<div>MARCH</div> <div>2013</div>	<div>NoHo</div> <div>Senior Arts</div> <div>Colony</div>	<div>PROGRAMS MANAGER</div> <div>Amanda Talbot</div> <div>at.engage@gmail.com</div> <div>818 623 8005</div>	<div>LEGEND</div> <div>C = Community Room2nd fl</div> <div>L = Library2nd fl</div> <div>P = Pool2nd fl</div> <div>G = Gymbasement</div> <div>T = The Road Theatre1st fl</div> <div>AS = Art Studio1st fl</div> <div>TL = Theatre Lobby1st fl</div> <div>DL = Digital Labbasement</div>	<div>1</div> <div>11am Poetry Class (L) - <i>NEW</i></div> <div>Express your feelings and ideas through the medium of Poetry.</div>	<div>2</div> <div>8am - Experience Talk Radio KPFK 90.7 & 98.7 FM</div> <div>A radio magazine for the experienced listener, brought to you by EngAGE</div> <div>2pm - Balinese Puppet Making workshop - (AS)</div>	<div>3</div>
<div>4</div> <div>10am - Lets walk (C)</div> <div>Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.</div>	<div>5</div> <div>11am - ZUMBA (C)</div> <div>1pm - Dance w/shop (C)</div> <div>2pm - The Art of Seeing - Art Class (AS) - <i>NEW</i></div> <div>Seeing, designing, drawing, creating.</div> <div>7pm Mindful Meditation (L)</div> <div>Unwind, relax & clear the inner chaos.</div>	<div>6</div> <div>11am -Anti Aging Exercise (G)</div> <div>Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.</div> <div>7pm The Business of Art Series (L) - <i>NEW</i></div>	<div>7</div> <div>10am - Lets walk (C)</div> <div>11am - Gentle Yoga (G)</div> <div>Benefits include better posture, flexibility & greater stamina.</div> <div>7pm - Drum Circle (C) <i>NEW</i></div> <div>Jam with legendary Jazz Drummer Clarence Johnston.Release your beats.</div>	<div>8</div> <div>11am Poetry Class (L)</div> <div>Express your feelings and ideas through the medium of Poetry.</div>	<div>9</div> <div>8am - Experience Talk Radio KPFK 90.7 & 98.7 FM</div> <div>A radio magazine for the experienced listener, brought to you by EngAGE</div> <div>2pm - Balinese Puppet Making workshop - (AS)</div>	<div>10</div>
<div>11</div> <div>10am - Lets walk (C)</div> <div>Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.</div>	<div>12</div> <div>11am - ZUMBA (C)</div> <div>1pm - Dance with Trina (C)</div> <div>Trina Parks from Diamonds are Forever. The 1st African American Bond Girl</div> <div>7pm Mindful Meditation (L)</div> <div>Unwind, relax & clear the inner chaos.</div>	<div>13</div> <div>11am -Anti Aging Exercise (G)</div> <div>1pm - NoHo Senior Arts Colony - GRAND OPENING</div> <div>Celebrate this buildings official opening in style. Live performance by The Clarence Johnston Jazz Band.</div>	<div>14</div> <div>10am - Lets walk (C)</div> <div>11am - Gentle Yoga (G)</div> <div>Benefits include better posture, flexibility & greater stamina.</div> <div>1pm Computer Orientation (DL) - <i>NEW</i></div>	<div>15</div> <div>11am Poetry Class (L)</div> <div>Express your feelings and ideas through the medium of Poetry.</div> <div>6.30pm What's on in NoHo (C) - <i>NEW</i></div>	<div>16</div> <div>8am - Experience Talk Radio KPFK 90.7 & 98.7 FM</div> <div>A radio magazine for the experienced listener, brought to you by EngAGE</div> <div>2pm - Balinese Puppet Making workshop - (AS)</div> <div>7pm MOVIE NITE (L) - <i>NEW</i></div>	<div>17</div> <div>7pm Documentary Movie Night (L) - <i>NEW</i></div>
<div>18</div> <div>10am - Lets walk (C)</div> <div>Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.</div> <div>7pm Classic Movies (L) - <i>NEW</i></div>	<div>19</div> <div>11am - ZUMBA (C)</div> <div>2pm - The Art of Seeing - Art Class (AS)</div> <div>Seeing, designing, drawing, creating.</div> <div>7pm Mindful Meditation (L)</div> <div>Unwind, relax & clear the inner chaos.</div>	<div>20</div> <div>11am -Anti Aging Exercise (G)</div> <div>Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.</div>	<div>21</div> <div>10am - Lets walk (C)</div> <div>11am - Gentle Yoga (G)</div> <div>Benefits include better posture, flexibility & greater stamina.</div> <div>1pm Computer Class (DL)</div> <div>7pm - Drum Circle (C)</div> <div>Jam with Clarence</div>	<div>22</div> <div>11am Poetry Class (L)</div> <div>Express your feelings and ideas through the medium of Poetry.</div> <div>6.30pm What's on in NoHo (C)</div>	<div>23</div> <div>8am - Experience Talk Radio KPFK 90.7 & 98.7 FM</div> <div>A radio magazine for the experienced listener, brought to you by EngAGE</div> <div>2pm - Balinese Puppet Making workshop - (AS)</div> <div>7pm MOVIE NITE (L)</div>	<div>14</div> <div>7pm Documentary Movie Night (L)</div>
<div>25</div> <div>10am - Lets walk (C)</div> <div>Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.</div> <div>7pm Classic Movies (L)</div>	<div>26</div> <div>11am - ZUMBA (C)</div> <div>2pm - The Art of Seeing - Art Class (AS)</div> <div>Seeing, designing, drawing, creating.</div> <div>7pm Mindful Meditation (L)</div> <div>Unwind, relax & clear the inner chaos.</div>	<div>27</div> <div>11am -Anti Aging Exercise (G)</div> <div>Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.</div> <div>7.30pm Candlelight cafe (C) (Performer T.B.A)</div>	<div>28</div> <div>10am - Lets walk (C)</div> <div>11am - Gentle Yoga (G)</div> <div>1pm Computer Class (DL)</div> <div>7pm - POT LUCK - The Mad Hatter's Ball. Share your favorite dishes with other residents plus Live Music by StarbirdLA</div>	<div>29</div> <div>11am Poetry Class (L)</div> <div>Express your feelings and ideas through the medium of Poetry.</div> <div>6pm - ART EXHIBITION OPENING - Alice Asmar</div> <div>Celebrate the opening of this critically acclaimed & world renowned US artist</div>	<div>30</div> <div>8am - Experience Talk Radio KPFK 90.7 & 98.7 FM</div> <div>A radio magazine for the experienced listener, brought to you by EngAGE</div> <div>2pm - Balinese Puppet Making workshop - (AS)</div> <div>7pm MOVIE NITE (L)</div>	<div>31</div> <div>7pm Documentary Movie Night (L)</div>