




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>30</p> <p>7pm Movie Nite - (TL)</p>		<p>LEGEND</p> <div> <div>P = Lounge PATIO</div> <div>2nd fl</div> <div>TL = The Lounge</div> <div>2nd fl</div> <div>L = Library</div> <div>2nd fl</div> <div>P = Pool</div> <div>2nd fl</div> <div>G = Gym</div> <div>basement</div> <div>T = The Road Theatre</div> <div>1st fl</div> <div>AS = Art Studio</div> <div>1st fl</div> <div>TL = Theatre Lobby</div> <div>1st fl</div> <div>DL = Digital Lab</div> <div>basement</div> </div>		 <p>ARTS PROGRAMS MANAGER</p> <p>Amanda Talbot</p> <p>at.engage@gmail.com</p> <p>818 623 8005</p>		<p>1</p> <p>3pm Screen Writing Class (L)</p> <p>7pm Movie Night (TL)</p>
<p>2</p> <p>7pm Movie Nite - (TL)</p>	<p>3</p> <p>10am - Lets walk (TL)</p> <p>11am - Movement Class - <i>Actor Melissa Kite is back.</i></p> <p>NOON - NEW Aqua Zumba (P)</p> <p>8pm The Road’s Play Reading Series - <i>Angels Don’t Dance by R. Brockman (T)</i></p>	<p>4</p> <p>11am - ZUMBA (TL)</p> <p>7pm - Mindful Meditation (L)</p> <p>Unwind, relax & clear the inner chaos.</p>	<p>5</p> <p>11am - Anti Aging Exercise (G)</p> <p>Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.</p> <p>7pm - Movie Nite (TL)</p>	<p>6</p> <p>10am - Lets walk (TL)</p> <p>11am - Gentle Yoga (G)</p> <p>7pm - Diggerly Do’s - <i>one man’s journey through the Haight in ’65 - A One Man Show by Kent Minault (AS)</i></p>	<p>7</p> <p>11am - Poetry Class (L)</p> <p>Express your feelings and ideas through the medium of Poetry.</p> <p>6.30pm What’s on in NoHo (TL)</p>	<p>8</p> <p>3pm Screen Writing Class (L)</p> <p>7pm Movie Night (TL)</p>
<p>9</p> <p>7pm Movie Nite - (TL)</p>	<p>10</p> <p>10am - Lets walk (TL)</p> <p>11am - Movement Class - Actor Melissa Kite is back.</p> <p>NOON - Aqua Zumba (P)</p> <p>2pm - NEW - Dr. Charlene Thorburn series (L) - <i>How to Prevent Lower Back Pain & Have a Stronger Back</i></p>	<p>11</p> <p>11am - ZUMBA (TL)</p> <p>2pm - Expressive Art Class (AS) - <i>join Maureen Kellen-Taylor as she gets your creative juices flowing with color.</i></p> <p>7pm - Mindful Meditation (L)</p>	<p>12</p> <p>11am - Anti Aging Exercise (G)</p> <p>Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.</p> <p>7pm - Movie Nite (TL)</p>	<p>13</p> <p>10am - Lets walk (TL)</p> <p>11am - Gentle Yoga (G)</p> <p>Benefits include better posture, flexibility & greater stamina.</p> <p>1pm ComputerClass (DL)</p> <p>7pm - Drum Circle (TL)</p> <p>Jam with legendary Jazz Drummer Clarence Johnston.<i>Release your beats.</i></p>	<p>14</p> <p>11am - Poetry Class (L)</p> <p>Express your feelings and ideas through the medium of Poetry.</p> <p>NOON - Fitness Pow Wow</p> <p><i>Explore 15mins samples of the fitness classes at NoHoSAC.</i></p> <p>(G)</p> <p>6.30pm What’s on in NoHo (TL)</p>	<p>15</p> <p>11am - Jazz Brunch (Patio)</p> <p>3pm Screen Writing Class (L)</p> <p>7pm Movie Night (TL)</p>
<p>16</p> <p>7pm Movie Nite - (TL)</p>	<p>17</p> <p>10am - Lets walk (TL)</p> <p>Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.</p> <p>NOON - Aqua Zumba (P)</p> <p>8pm The Road’s Play Reading Series - <i>Good Enough to Eat byTom Dulack (T)</i></p>	<p>18</p> <p>11am - ZUMBA (TL)</p> <p>2pm - NEW ART CLASS PORTRAITURE (AS)</p> <p>7pm - Mindful Meditation (L)</p> <p>Unwind, relax & clear the inner chaos.</p>	<p>19</p> <p>11am - Anti Aging Exercise (G)</p> <p>Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.</p> <p>7pm - Movie Nite (TL)</p>	<p>20</p> <p>10am - Lets walk (TL)</p> <p>11am - Gentle Yoga (G)</p> <p>1pm - ComputerClass (DL)</p>	<p>21</p> <p>11am Poetry Class (L)</p> <p>Express your feelings and ideas through the medium of Poetry.</p> <p>6.30pm What’s on in NoHo (TL)</p>	<p>22</p> <p>1pm - 3pm Art Class Art Show (AS)</p> <p><i>First Culmination Art Show</i></p> <p>4pm <i>Screen Writing Class (L)</i></p> <p>7pm Movie Night (TL)</p>
<p>23</p> <p>7pm Movie Nite - (TL)</p>	<p>24</p> <p>10am - Lets walk (TL)</p> <p>Limber-up, stretch out then walk the neighborhood, get fit with friends and neighbors.</p> <p>NOON - Aqua Zumba (P)</p> <p>8pm The Road’s Play Reading Series - <i>TBA (T)</i></p>	<p>25</p> <p>11am - ZUMBA (TL)</p> <p>2pm - ART CLASS PORTRAITURE (AS)</p> <p>7pm - Mindful Meditation (L)</p> <p>Unwind, relax & clear the inner chaos.</p>	<p>26</p> <p>11am - Anti Aging Exercise (G)</p> <p>Get fit with a personalized fitness program exclusively deigned around the NoHoSAC gym.</p> <p>7pm - Movie Nite (TL)</p>	<p>27</p> <p>10am - Lets walk (TL)</p> <p>11am - Gentle Yoga (G)</p> <p>1pm - ComputerClass (DL)</p> <p>7pm- Red, White & Blue Pot Luck ~ Country Style (TL)</p>	<p>28</p> <p>11am Poetry Class (L)</p> <p>Express your feelings and ideas through the medium of Poetry.</p> <p>6.30pm What’s on in NoHo (TL)</p>	<p>29</p> <p>3pm Screen Writing Class (L)</p> <p>7pm Movie Night (TL)</p>