




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
engAGE ARTS PROGRAMS MANAGER Amanda Talbot at.engage@gmail.com 818 623 8005						1 - National Freedom Day 8am - Experience Talk Radio tune into KPFK 90.7 & 98.7FM 3pm - Screen Writing Class (L) 7pm Movie Night (L)
2 - Groundhog Day 2pm - PERFORMANCE Song Recital (TL) 7pm Movie Nite - (TL)	3 10am - Lets walk (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Easy Tone - (TL) - fitness class 2pn - Computer 101 - (DL) 8pm - The Word (T)	4 - Rosa Park’s Day 11am - Anti-Aging Exercise (TL) 2pm - The Art of Seeing - Art Class (AS) 4pm - Ann’s Card Table (L) 7pm - Mindful Meditation (L) 8.30pm - Let’s Talk About It (TL)	5 NOON - Easy Tone - (TL) - fitness class 7pm - Movie Nite (TL)	6 10am - Lets walk (TL) 11.30am - Gentle Stretch (G) 1pm - Partner Loss Support Group (L) 3pm - Monthly Book Club (L) <i>The Goldfinch by Donna Tart</i>	7 - National Wear Red Day 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 7pm - Play Games & Chit Chat (TL)	8 8am - Experience Talk Radio tune into KPFK 90.7 & 98.7FM 3pm - Screen Writing Class (L) 7pm Movie Night (L)
9 7pm Movie Nite - (TL)	10 10am - Lets walk (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Easy Tone - (TL) - fitness class 2pn - Computer 101 - (DL) 8pm - The Word (T)	11 11am - Anti-Aging Exercise (TL) 2pm - The Art of Seeing - Art Class (AS) 4pm - Ann’s Card Table (L) 7pm - Mindful Meditation (L) 8.30pm - Let’s Talk About It (TL)	12 - Lincoln’s Birthday NOON - Easy Tone - (TL) - fitness class 7pm - Movie Nite (TL)	13 10am - Lets walk (TL) 11.30am - Gentle Stretch (G) 1pm - Partner Loss Support Group (L) 7pm - Drum Circle (TL) <i>Jam with Clarence Johnston</i>	14 - Valentine’s Day 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. NOON - Mentor Group 1pm - Resistance Bands Class - Core Strength Training (TL) 7pm - Celebrate with February Birthday Folk (TL)	15 8am - Experience Talk Radio tune into KPFK 90.7 & 98.7FM 3pm - Screen Writing Class (L) 7pm Movie Night (L)
16 7pm Movie Nite - (TL)	17 - President’s Day 10am - Lets walk (TL) 11am - Parlez Vous - Conversational FRENCH(L) NOON - Easy Tone - (TL) - fitness class 2pn - Computer 101 - (DL) 8pm - The Word (T)	18 11am - Anti-Aging Exercise (TL) 2pm - The Art of Seeing - Art Class (AS) 4pm - Ann’s Card Table (L) 7pm - Mindful Meditation (L) 8.30pm - Let’s Talk About It (TL)	19 NOON - Easy Tone - (TL) - fitness class 1pm - HEALTH TALK with Dr Charlene Thorburn - Tips for Greater Energy & Vitality (L) 7pm - Movie Nite (TL)	20 10am - Lets walk (TL) 11.30am - Gentle Stretch (G) 1pm -Partner Loss Support Group (L)	21 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 7pm - Play Games & Chit Chat (TL)	22 8am - Experience Talk Radio tune into KPFK 90.7 & 98.7FM 3pm - Screen Writing Class (L) 7pm Movie Night (L)
23 7pm - PERFORMANCE Sarah Phoenix Sings (TL) 8pm Movie Nite - (TL)	24 10am - Lets walk (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Easy Tone - (TL) - fitness class 2pn - Computer 101 - (DL) 8pm - The Word (T)	25 11am - Anti-Aging Exercise (TL) 2pm - The Art of Seeing - Art Class (AS) 4pm - Ann’s Card Table (L) 7pm - Mindful Meditation (L) 8.30pm - Let’s Talk About It (TL)	26 NOON - Easy Tone - (TL) - fitness class 7pm - Movie Nite (TL)	27 10am - Lets walk (TL) 11.30am - Gentle Stretch (G) 1pm -Partner Loss Support Group (L) 7pm -Ooo La La - Parisian Pot Luck	28 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 7pm - Play Games & Chit Chat (TL)	LEGEND TL = The Lounge - 2nd fl L = Library - 2nd fl P = Pool - 2nd fl G = Gym - Basement T = The Road Theatre - 1st fl AS = Art Studio - 1st fl TG = The Gallery- 1st fl DL = Digital Lab - Basement