SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 7pm Movie Nite - (TL)	2 10am - Let's Walk & Go For Gold Training (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 8pm - The Word (T)	3 9.30am- Tai Chi (TL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm - Let's Talk About It (TL)	4 10am - Let's walk (TL) - 11am - Anti Aging Exercise & Easy Tone (TL) 4pm - Canasta - (L) 7pm - House of Cards TV Double Bill (TL)	 5 - World Environment Day 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 2pm - Acting Techniques workout - (L) 	6 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm NEW CLASS - Freewrite Class Creative Writing (L) 10.30pm The Road Opening Night Party with live music (TL)	 7 8am - Experience Talks Radio 10am - Zumba Gold - (TL) Noon -Collage Construction(AS) 3pm - Screen Writing Class 7pm Movie Night (L)
8 7pm Movie Nite - (TL)	9 10am - Let's Walk & Go For Gold Training (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 8pm - The Word (T)	 10 9.30am- Tai Chi (TL) 4pm - Ann's Card Table (L) 6pm - 8pm NEW ART SHOW Opening- Carol Goldman (TG) 8.30pm - Let's Talk About It (TL) 	 11 10am - Let's walk (TL) - 1pm - NEW CLASS: AQUA AEROBICS (P) 1.30pm - Wednesday Matinee (T) - Day for Night - Francois Truffaut 4pm - Canasta - (L) 7pm - House of Cards TV Double Bill (TL) 		 13 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm Freewrite Class Creative Writing (L) 7pm - Play Games & Chit Chat (TL) 	14 - Flag Day 8am - Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) 11am - 2pm Jazz & Book Signing Noon - Collage Construction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
15 - Fathers Day 7pm Movie Nite - (TL)	 16 10am - Let's Walk & Go For Gold Training (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 8pm - The Word (T) 	 17 9.30am - Tai Chi (TL) 4pm - Ann's Card Table (L) 5pm - PERFORMANCE - Jazz with Hanik & Book Signing 8.30pm - Let's Talk About It (TL) 	 18- International Picnic Day 10am - Let's walk (TL) - 1pm - AQUA AEROBICS (P) 4pm - Canasta - (L) 7pm - House of Cards TV Double Bill (TL) 	19 10.15am Tai Chi (TL) 2pm - Acting Techniques workout - (L) 5pm - SIT & TONE Workout 7pm - Celebrate June Birthdays with Performance by singer Jimmy Angel (TL)	 20 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm Freewrite Class Creative Writing (L) 7pm - Play Games & Chit Chat (TL) 	 21- Summer Solstice 8am -Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) Noon CollageConstruction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
22 TBA - Performance - Chris Jacks - Classical guitar & Song 7pm Movie Nite - (TL)	 23 - Baby Boomer's Recognition Day 10am - Let's Walk & Go For Gold Training (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 8pm - The Word (T) 	 24 9.30am - Tai Chi (TL) 4pm - Ann's Card Table (L) 7pm - Mindful Meditation (L) 8.30pm - Let's Talk About It (TL) 	 25 10am - Let's walk (TL) - 1pm - AQUA AEROBICS (P) 1.30pm - Wednesday Matinee (T) - Film TBA 4pm - Canasta - (L) 7pm - House of Cards TV Double Bill (TL) 	26 10.15am Tai Chi (TL) 11.30am - Gentle Stretch (G) 2pm - Acting Techniques workout - (L) 5pm - SIT & TONE Workout 7pm Summer Time Pot Luck with singer Marion Calhoun (TL)	27 11am - Poetry Class (L) Express your feelings and ideas through the medium of Poetry. 1pm - Resistance Bands Class - Core Strength Training (TL) 2pm - Freewrite Class Creative Writing (L) 7pm - Play Games & Chit Chat (TL)	 28 8am -Experience Talks Radio tune into KPFK 90.7 & 98.7FM 10am - Zumba Gold - (TL) Noon CollageConstruction (AS) 3pm - Screen Writing Class (L) 7pm Movie Night (L)
29 - America's Kids Day 8pm Movie Nite - (TL)	30 10am - Let's Walk & Go For Gold Training (TL) 11am - Parlez Vous - Conversational FRENCH (L) NOON - Aqua Aerobics (P) 2pm - Computer 101 - (DL) 8pm - The Word (T)	NOHO senior arts colony			Art Program Manager Amanda Talbot at.engage@gmail.com 818 623 8005 Gifice Hours Monday, Tuesday & Thursday 9am ~ 11am	LEGEND TL = The Lounge - 2nd fl L = Library - 2nd fl P = Pool - 2nd fl G = Gym - Basement T = The Road Theatre - 1st fl AS = Art Studio - 1st fl TG= The Gallery- 1st fl DL = Digital Lab - Basement