


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b>  7pm - Movie Night (TL)	<b>2</b> 10am - Let’s Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE (TL) 2pm - Computer 101 (DL) 3pm - Watercolor Painting. (AS) 8pm - The Word Series - (T) <i>You Will Remember by Francois Archambault</i>	<b>3</b> 9.30am - Tai Chi - (TL) 11am - Modern Acting Technique workshop - (L) 3pm - <u>ZUMBA</u> Gold Fitness Class (TL) 4pm - Ann’s Card Table (L) 7pm - Mindful Meditation (L) 8pm - Community Talk (TL)	<b>4</b> 10am - Let’s Walk (TL) 11.30am - Creative Dance - (G) 3pm - 10 week Slim and Trim Circuit Training (G)  7pm - Documentary Night	<b>5</b> 10.15am - Tai Chi (TL) 11.30am - Gentle Stretch/ Yoga (G) 1.30pm - <u>*NEW CLASS</u> - Improv for Life (L)  3pm - Canasta (L)	<b>6</b> 11am Poetry (L) 1pm - Resistance Bands (TL) 2pm - Creative Writing (TL)	<b>7</b> 8am - <i>Experience Talks Radio</i> show: tune into KPFK 90.7 FM 10am - Zumba Gold (L) 11am- Collage Construction (AS) 2pm - SHADOW PUPPET MAKING workshop (AS) 3pm - Screen writing (L) 7pm - Movie Night (TL)
<b>8</b>  7pm - Movie Night (TL)	<b>9</b> 10am - Let’s Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE (TL) 2pm - Computer 101 (DL) 3pm - Watercolor Painting. (AS)	<b>10</b> 9.30am - Tai Chi - (TL) 3pm - ZUMBA Gold Fitness Class (TL) 4pm - Ann’s Card Table (L) 7pm - Mindful Meditation (L) 8pm - Community Talk (TL)	<b>11</b> 10am - Let’s Walk (TL) 11.30am - Creative Dance - (G) 3pm - 10 week Slim and Trim Circuit Training (G)  7pm - Documentary Night	<b>12</b> 10.15am - Tai Chi (TL) 11.30am - Gentle Stretch/ Yoga (G) 1.30pm -Improv for Life (L) 3pm - Canasta (L) 7pm - Drum Circle	<b>13</b> 11am Poetry (L) 1pm - Resistance Bands (TL) 2pm - Creative Writing (TL) 7pm - Play Games and Chit Chat 7pm - Memoir Writing - (TL)	<b>14- Valentine's Day</b> 8am - <i>Experience Talks Radio</i> show: tune into KPFK 90.7 FM 10am - Zumba Gold (TL) 11am - Collage Construction (AS) 2pm - SHADOW PUPPET MAKING workshop (AS) 3pm - Screen writing (L) 7pm - Movie Night (TL)
<b>15</b>  7pm - Movie Night (TL)	<b>16</b> 10am - Let’s Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE (TL) 2pm - Computer 101 (DL) 3pm - Watercolor Painting. (AS)	<b>17</b> 9.30am - Tai Chi - (TL) 11am - Modern Acting Technique workshop - (L) 3pm - ZUMBA Gold Fitness Class (TL) 4pm - Ann’s Card Table (L) 7pm - Mindful Meditation (L) 8pm - Community Talk (TL)	<b>18</b> 10am - Let’s Walk (TL)  11.30am - Creative Dance - (G) 3pm - 10 week Slim and Trim Circuit Training (G) 7pm - Documentary Night	<b>19</b> 10.15am - Tai Chi (TL) 11.30am - Gentle Stretch/ Yoga (G) 1.30pm -Improv for Life (L) 3pm - Book Club(L) 7pm - Celebrate February Birthday Babes - (TL)	<b>20</b> 11am Poetry (L) 1pm - Resistance Bands (TL) 2pm - Creative Writing (TL)  10pm - The Road Opening Night After Party (TBA)	<b>21</b> 8am - <i>Experience Talks Radio</i> show: tune into KPFK 90.7 FM 10am - Zumba Gold (TL) 11AM - ACTIVE EXCURSION 11am - Collage Construction (AS) 2pm - SHADOW PUPPET MAKING workshop (AS) 3pm - Screen writing (L) 7pm - Movie Night (TL)
<b>22</b>  7pm - Movie Night (TL)	<b>23</b> 10am - Let’s Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE (TL) 2pm - Computer 101 (DL) 3pm - Watercolor Painting. (AS) 8pm - The Word Series - (T) <i>Fibonacci Ascending by Shawn Overton.</i> <i>Plus.....Eudoxus by Julianne</i>	<b>24</b> 9.30am - Tai Chi - (TL) 11am - <u>Monthly workshop</u> - Shakespeare Explained (L) 3pm - ZUMBA Gold Fitness Class (TL) 4pm - Ann’s Card Table (L) 6pm - 8pm - <u>NEW ARTIST</u> Photography SHOW ((TG) 7pm - Mindful Meditation (L) 8pm - Community Talk (TL)	<b>25</b> 10am - Let’s Walk (TL) 11.30am - Creative Dance - (G) 3pm - 10 week Slim and Trim Circuit Training (G)  7pm - Documentary Night	<b>26</b> 10.15am - Tai Chi (TL) 11.30am - Gentle Stretch/ Yoga (G) 1.30pm -Improv for Life (L) 3pm - Canasta (L) 7pm - February Pot Luck - Great Gatsby Style (TL)	<b>27</b> 11am Poetry (L) 1pm - Resistance Bands (TL) 2pm - Creative Writing (TL) 3.30pm - Pub-Quiz @ Menorah (off site) 7pm - Play Games and Chit Chat (TL) 7pm - Memoir Writing - (TL)	<b>28</b> 8am - <i>Experience Talks Radio</i> show: tune into KPFK 90.7 FM 10am - Zumba Gold (TL) 11am - Collage Construction (AS) 2pm - SHADOW PUPPET MAKING workshop (AS) 3pm - Screen writing (L) 7pm - Movie Night (TL)
<b>1- March</b>  7pm - Movie Night (TL)	<b>2 - March</b> 10am - Let’s Walk (TL) 11am - Parlez Vous (L) 12.30pm SIT & TONE (TL) 2pm - Computer 101 (DL) 3pm - Watercolor Painting. (AS)		<b>February</b>  2015	engAGE Amanda Talbot creative programs director <a href="mailto:at.engage@gmail.com">at.engage@gmail.com</a> 818 623 8005 office hours Mon. Tue. Thur. 9am - 11am	<b>LEGEND:</b> TL = The Lounge - 2nd fl AS = Art Studio - 1st fl TG = The Gallery - 1st fl DL = Digital Lab - basement L = Library - 2nd fl P = Pool - 2nd fl G = Gym - basement T = The Road Theatre - 1st fl	<b>NoHo</b> senior <b>ARTS</b> colony